

Current RVUUF Psychology/Self help Library Inventory October 29, 2026

Primary Author	Title	Tags
Aguilar, Leslie	Ouch! That Stereotype Hurts	PS
Belser, Julia Watts	Loving Our Own Bones: Disability Wisdom and the Spiritual Subversiveness of Knowing Ourselves Whole	PS
Egan, Kerry	On Living	PS
Gendlin, Eugene T.	Focusing	PS
Horrobin, David	The Madness of Adam and Eve: How Schizophrenia Shaped Humanity	PS
Howard, Vernon	Esoteric Mind Power	PS
Howard, Vernon	Psycho-Pictography: The New Way to Use the Miracle Power of Your Mind	PS
James, Jennifer	Success is the Quality of your Journey	PS
James, William	The Varieties of Religious Experience: A Study in Human Nature	PS
Jamison, Kay Redfield	An Unquiet Mind: A Memoir of Moods and Madness	PS
Kushner, Harold S.	When Bad Things Happen to Good People	PS
McClintock, Karen A.	Sexual Shame: An Urgent Call to Healing	PS
Miller, James E.	The Art of Listening in a Healing Way	PS
Myss, Caroline	Anatomy of the Spirit: The Seven Stages of Power and Healing	PS
Nelson, Portia	There's a hole in my sidewalk : the romance of self-discovery	PS
Newberg, Andrew	Why God Won't Go Away: Brain Science and the Biology of Belief	PS
Nouwen and Gaffney	Aging: The Fulfillment of Life	PS
Paulus, Trina	Hope for the Flowers	PS
Prather, Hugh	Notes to Myself: My Struggle to become a Person	PS
Remen, Rachel Naomi	Kitchen Table Wisdom: Stories that Heal, 10th Anniversary Edition	PS
Riso, Don Richard	The wisdom of the enneagram : the complete guide to psychological and spiritual growth for the nine personality types	PS
Rosenberg PhD, Marshall B.	The Surprising Purpose of Anger: Beyond Anger Management: Finding the Gift (Nonviolent Communication Guides)	PS
Rosenberg, Marshall B.	Nonviolent Communication: A Language of Life	PS
Ryan, M.J.	The Power of Patience: How to Slow the Rush and Enjoy More Happiness, Success, and Peace of Mind Every Day	PS
Sacks, Oliver	Seeing Voices	PS
Shanks, Lela Knox	Your Name Is Hughes Hannibal Shanks: A Caregiver's Guide to Alzheimer's (Agendas for Aging)	PS
Tyler, Natalie	Happily Married Forever: Putting Love First, Making Love Last	PS
Wall, Kathleen	Lights of Passage: Rituals and Rites of Passage for the Problems and Pleasures of Modern Life	PS
Walsh, Peter	Enough Already!: Clearing Mental Clutter to Become the Best You	PS
Wheatley, Margaret J.	Turning to One Another: Simple Conversations to Restore Hope to the Future	PS

Wilber, Ken	A Brief History of Everything	PS
Zukav, Gary	Soul Stories	PS
Zukav, Gary	Universal Human: Creating Authentic Power and the New Consciousness	PS