

Current RVUUF Buddhism Library Inventory October 29, 2026

Primary Author	Title	Tags
Armstrong, Karen	Twelve Steps to a Compassionate Life	BU
Batchelor, Stephen	Buddhism Without Beliefs: A Contemporary Guide to Awakening	BU
Bayda, Ezra	At Home in the Muddy Water: A Guide to Finding Peace within Everyday Chaos	BU
Bayda, Ezra	Being Zen: Bringing Meditation to Life	BU
Bays, Jan Chozen	Mindful eating on the go : practices for eating with awareness, wherever you are	BU
Bays, Jan Chozen	Mindful Eating: A Guide to Rediscovering a Healthy and Joyful Relationship with Food	BU
Beck, Charlotte Joko	Everyday Zen: Love & Work	BU
Benoit, Hubert	The Supreme Doctrine	BU
Boorstein, Sylvia	It's Easier Than You Think: The Buddhist Way to Happiness	BU
Boorstein, Sylvia	Pay Attention, for Goodness' Sake: The Buddhist Path of Kindness	BU
Brach, Tara	Radical Acceptance: Embracing Your Life With the Heart of a Buddha	BU
Brach, Tara	True Refuge: Finding Peace and Freedom in Your Own Awakened Heart	BU
Caplow, Florence	The Hidden Lamp : Stories from Twenty-five Centuries of Awakened Women	BU
Chodron, Pema	Comfortable with Uncertainty	BU
Chodron, Pema	How We Live is How We Die	BU
Chodron, Pema	Living Beautifully with Uncertainty and Change	BU
Chodron, Pema	The Wisdom of No Escape	BU
Chodron, Pema	Welcoming the Unwelcome: Wholehearted Living in a Brokenhearted World	BU
Chödrön, Pema	No Time to Lose: A Timely Guide to the Way of the Bodhisattva	BU
Chödrön, Pema	Practicing Peace in Times of War	BU
Chödrön, Pema	Start Where You Are: A Guide to Compassionate Living (Shambhala Classics)	BU
Chödrön, Pema	Taking the Leap: Freeing Ourselves from Old Habits and Fears	BU
Chödrön, Pema	The Places That Scare You: A Guide to Fearlessness in Difficult Times (Deckled Edge)	BU
Chödrön, Pema	The Wisdom of No Escape: and the Path of Loving-Kindness	BU
Chödrön, Pema	When Things Fall Apart: Heart Advice for Difficult Times	BU
Coleman, James William	The New Buddhism: The Western Transformation of an Ancient Tradition	BU

Dalai Lama	Ethics for the New Millennium	BU
Dalai Lama	Ethics for the New Millennium	BU
Dalai Lama	Ocean of Wisdom	BU
Dalai Lama	The Path to Enlightenment	BU
Dalai Lama	Transcendent Wisdom	BU
Dalai Lama, His Holiness the	The World of Tibetan Buddhism: An Overview of Its Philosophy and Practice	BU
Dalai Lama, The	An Open Heart: Practicing Compassion in Everyday Life	BU
Das, Lama Surya	Awakening the Buddha Within: Tibetan Wisdom for the Western World	BU
Das, Lama Surya	Letting Go of the Person You Used to Be: Lessons on Change, Loss, and Spiritual Transformation	BU
Frydman, Maurice	I am That: Talks with Sri Nisargadatta Maharaj	BU
Fuchs, Victor R.	How We Live: An Economic Perspective on Americans from Birth to Death (Loeb Classical Library)	BU
Goldstein, Joseph	Seeking the Heart of Wisdom: The Path of Insight Meditation	BU
Goldstein, Joseph	The Experience of Insight: A Natural Unfolding	BU
Hai, Brother Phap	Nothing to It: Ten Ways to Be at Home with Yourself	BU
Hanh, Thich Nhat	Interbeing: Commentaries on the Tiep Hien Precepts	BU
Hanh, Thich Nhat	Old Path White Clouds: Walking in the Footsteps of the Buddha	BU
Hanh, Thich Nhat	Teachings on Love	BU
Hanh, Thich Nhat	The Energy of Prayer: How to Deepen your Spiritual Practice	BU
Hanh, Thich Nhat	The Heart of the Buddha's Teaching: Transforming Suffering into Peace, Joy, and Liberation	BU
Hanh, Thich Nhat	The Heart of Understanding: Commentaries on the Prajnaparamita Heart Sutra	BU
Hanh, Thich Nhat	The Path of Emancipation: Talks from a 21-Day Mindfulness Retreat	BU
Hanh, Thich Nhat	Zen and the Art of Saving the Planet	BU
Hanh, Thich Nhat	Fragrant palm leaves : journals, 1962-1966	BU
Hanh, Thich Nhat	No Mud, No Lotus: The Art of Transforming Suffering	BU
Kamenetz, Rodger	The Jew in the lotus : a poet's rediscovery of Jewish identity in Buddhist India	BU
Khong, Chan	Learning True Love: How I Learned & Practiced Social Change in Vietnam	BU
Kotler, Arnold	Engaged Buddhist Reader	BU
Lama, Dalai	Beyond Dogma: Dialogues and Discourses	BU

Lama, Dalai	The Art of Happiness: A Handbook for Living	BU
Miller, Andrea	Buddha's Daughters: Teachings from Women Who are Shaping Buddhism in the West	BU
Stuart, Maurine	Subtle sound : the Zen teachings of Maurine Stuart	BU
Wayne Arnason and Sam Trumbore	Buddhist Voices in Unitarian Universalism	BU